



Parent Bulletin - February 18, 2019

Provided by the Abbott PTA

Dates to Note

February

Mon, 2/17 - President's Day. No school.

Lun, 2/17 - Día del Presidente. No hay clases.

Wed, 2/19 - Dine out for Abbott Drama, Midici Pizza at Hillsdale Mall

Mié, 2/19: cene para Abbott Drama, Midici Pizza en Hillsdale Mall

Wed, 2/19 - 8GP Planning Meeting, 7 pm at the Abbott Library

Mié, 2/19 - Reunión de planificación 8GP, 7 pm en la Biblioteca Abbott

Thurs, 2/20 - Free Parent Ed event hosted by the SMFCSD Middle School PTAs, "Positive Psychology."

Juev, 2/20 - Evento gratuito de Parent Ed organizado por las escuelas intermedias de SMFCSD, "Psicología Positiva."

Wed, 2/26 - LCAP Review at Abbott, 6-8pm

Mié, 2/26 - Revisión LCAP en Abbott, 6-8pm

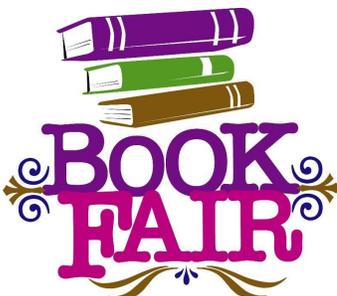
Sun, 2/23 - Free heart screening for teens 12-25, CSM. Event hosted by Via Heart Project.

Dom, 2/23 - Cribado cardíaco gratuito para adolescentes 12-25, CSM. Evento organizado por Via Heart Project.

Para obtener más información, llame a Norma Flores al (650) 312-7600

Quick links:

- Abbott PTA General Meeting dates: **3/17, and 5/19**
- Abbott Middle School [website](#)
- Abbott [Athletics](#)
- Abbott School [Calendar](#)
- **All in for Abbott:** Join the PTA and make your donation [here](#).
- SMFCSD [lunch menu](#)
- [MySchoolBucks.com](#): Add funds to your student's meal account here.
- SMFCSD [School Calendars](#) for 2019-20 and 2020-21
- Order your Falcon Yearbook [online](#) or submit your order form to the office. Make checks payable to Abbott Middle School.
- [Volunteer Hours Reporting](#) - Volunteer hours include all participation (both on and off campus) in supporting PTA events and activities. Help us keep track using our online form.



Abbott Book Fair Wrap Up

Thanks to all who volunteered and supported our Book Fair. It takes a village to pull off these events and your help and support were greatly appreciated. We had a successful amount of sales this year! We sold \$6200 worth of books and merchandise and this translates into just over \$3K in scholastic rewards that our librarian will use to stock our shelves! Thanks again to all who participated.

If you have any questions about the book fair, please contact **Rena Korb** at historian@abbottpta.org or our librarian **Karen Helman** at khelman@smfc.k12.ca.us.

All in for Abbott!

A special Parent Bulletin insert highlighting new and exciting things at Abbott.

5 Questions with...

Mrs. Rebecca Scott

This year will be my 20th year at Abbott. I've taught 8th grade social studies, American History, the entire time. I am a history nerd. Just earned my MA in American History in May 2019.

Who was your favorite teacher in middle school and why?

My favorite teacher in middle school was Mr. Eichler. I was super shy in middle school, but he always made me feel like my opinion mattered and that I was valued. He was respectful to all the students, and created such a warm, welcoming environment, that I had my first successful presentation in his class. I still remember how good that felt, and always hope that my students have the same kind of success in my class.

What was your favorite subject?

My favorite subjects in middle school were History and Home Economics. I always loved the story-telling aspect of history, projects, and seeing the connections between the past and the present. In Home Economics, I learned to cook and bake, and I have loved to do both ever since, especially baking pies.

What is your favorite movie or movie genre?

My favorite movie genres are scary/horror movies, comedies and classics. I have too many favorites to list!

What is(are) your favorite video game(s)?

My all-time favorite video game is Ms. Pacman, but I also enjoy car racing games like MarioKart and Air-Hockey, too. Honestly, I'll play any game they have at Dave and Buster's! I'm down for fun.

What type of music do you like?

I love all kinds of music, especially rock and roll, pop, and rap! My favorites include Tom Petty and the Heartbreakers, Bob Dylan, the Beatles, Lauren Daigle, and old school rap like Run DMC and the Beastie Boys.

8th Grade Promotion

Please join us for our next 8GP Planning Meeting this **Wednesday, February 19 at 7 pm** in the Abbott Library. Committee Chairs will be sharing what they've been working on and all that's in store for our 8th graders.

Important Change for 2020 and on:

Unlike in years past, this year's 8th graders will all be seated flat on the stage. Previous classes were seated on risers on the stage, allowing guests to pick out their student easily. The risers can only accommodate 300, which is not enough for the Class of 2020 and teachers. Additionally, SMPAC's steel risers were inspected and determined to be no longer safe for use on stage due to age, structural concerns, earthquake compliance and general safety concerns.

As the high school district no longer uses SMPAC for graduation ceremonies, SMUHSD will not be replacing the risers. With the growth of middle school promotion sizes, attempting to utilize risers on stage will be a continuing challenge. SMPAC will be offering chairs placed in rows flat on stage for all of the promotions in 2020 and onward.

8GP Planning Committee

8GP Co-Chairs:

Melanie Baldwin, Rosemarie Pozzobon

BBQ Co-Chairs:

Cintya Heredia, Jo Shelton, Shannon Whiteman

Brunch Co-Chairs:

Kristin Graetz, Tricia Kaho, Desiree Minahan

Ceremony Co-Chairs:

Christy Fekete, Chrisy Knott, Keri Vancea

Dance Co-Chairs:

Yolanda Calderon, Rosie Cruz

Packets & Funds Co-Chairs:

Sahra Bautista-Leung, Linda Garcia

Questions, email us at promotion@abbottpta.org. To get all the latest news and reminders, sign up for text alerts by texting "@Abbott8GP" to 81010.



Jahbria and Kalei working the snack bar.

8GP Snack Bar

A huge thanks to all the families who have volunteered their time in helping sell delicious snacks at the basketball games held at the Abbott gym. Braving rain and cold weather, parents and 8th graders have shown up with bright smiles to serve up friendly service to raise money towards our 8th grade promotion fund. Every little bit helps!

If you would like to donate snack items or sign up for a shift (they range from 1.5 - 2 hours), please visit [our sign up sheet](#).

We would love to have donations of:

- boxes of assorted chips
- boxes of candy bars (chocolate and non-chocolate)
- a case of Gatorade

If you don't have an 8th-grader, you can still help support the cause by stopping at the snack bar and purchasing yummy munchies or hot chocolate to ward off the cold! Look for us just outside the gym at all the Abbott home basketball games!

See you there!

A Special Shout Out to these Superstar Families for Helping out at the Snack Bar:

The Kaho Family	The Shelton Family
The Chidester Family	The Hsiung Family
The Graetz Family	The Pozzobon Family
The Minahan Family	The Rosales Family

Interested in seeing more PTA support for Abbott? Would you like to have a say in how we enrich and expand our programs? Join the PTA and/or make a direct donation so we can bring more cool things to Abbott!

Visit AbbottPTA.org today. Go Falcons!

General PTA Meeting: Tuesday, March 17, 7 pm

Join us on Tuesday, March 17, at 7:00pm as we give special recognition to individuals who have given so much of themselves on behalf of our children. We are so lucky they are part of our school community!

At our **PTA Founders' Day** celebration we will recognize the following individuals with a California State PTA Honorary Service Award:

Melanie Tan Baldwin

Dawnette Brenner

Dennis Clement

Please mark your calendars and plan to join us for this special occasion as we celebrate these outstanding individuals. Everyone is welcome, parents, students, and alumni. There will be a performance by the band and light refreshments will be served.

See you then!

PTA Executive Board Nominations For 2020-2021

We want YOU! The PTA Executive Board is an active group of volunteers who dedicate time and energy to support our students, faculty and staff to make Abbott be the best school it can be. Joining the PTA Board gives you a voice and space to bring your ideas and be more involved at Abbott, and at the same time it's a great learning experience for how the school works. We're looking for nominees for the 2020-2021 PTA Executive Board, with the election held in March.

2020-2021 PTA Executive Board Slate as of 2/14/2020

President - Kristi Puls

Executive Vice President - Open

Secretary - Sarah Thornhill

Treasurer - Tracy Reeves-Fletcher

Auditor - Maria Barraza-Calderon

Historian - Rena Korb

Fundraising - Nicole Thomson

Community Events - Holly Yates

Membership - Open

Staff Appreciation - Jen Nobrega

Athletics/Education Foundation - Carrie Macker and Jenna Carson

Spanish Immersion - Open

Honorary Service - Open

If you're interested in joining the PTA Board for next school year, please email **Nicole Thomson** at parliamentarian@abbottpta.org for information.

Basketball Season Continues with 6th-Graders

Come support our 6th grade basketball stars and stop by the the 8GP snack bar. Proceeds from the snack bar will go towards our 8th Grade Promotion activities. Abbott will host basketball games on:

- Thursday, 2/20 4:00 - 8:00 (4 games @ 4,5,6,7 pm)
- Thursday, 2/27 4:00 - 8:00 (4 games @ 4,5,6,7 pm)
- Monday, 3/2 4:00 - 8:00 (4 games @ 4,5,6,7 pm)
- Thursday, 3/5 4:00 - 8:00 (4 games @ 4,5,6,7 pm)
- Tuesday, 3/17 4:00 - 8:00 (4 games @ 4,5,6,7 pm)

8GP Snack Bar

An easy way to support our fundraising for 8GP is to donate items for our snack bar or sign up for a time slot (or 2 or more) to staff the snack bar. Click [here to see](#) all the available times. We are looking for responsible 8th graders to help out with the 8GP Snack Bar. Busy times come and go so you can staff the snack bar and catch some of the basketball action, too! First home game is on Thursday, February 20.



8th Grade Promotion Planning Meeting this Wednesday, 2/19 at 7 pm

Join us for a planning meeting for 8GP this Wednesday in the Abbott Library. Want to find out what's coming up for promotion? Interested in helping out? Our committee chairs will be sharing what they've been working on and what they have in store for our 8th-grade Falcons. Can't make the meeting? Email

promotion@abbottpta.org to let us know of your interest and get on

our mailing list. You can also text "@Abbott8GP" to 81010 to sign up for text reminders for 8GP.

Get Your Teacher a Gift from Their Wish List

Looking for a gift for your teachers? Want to say thanks for all they've done? Many teachers have [Amazon Wish Lists](#) for supplies needed specific to their subject and some also include gift card wishes. How it works: order off [their Amazon list](#) and items ship directly to them at Abbott. Personal gift cards can be purchased on your own and sent to school with your student. See if your teacher has a [Wish List](#) and thanks for supporting our teachers!

Dine out for Abbott Drama - Wednesday, February 19

Come support our spring musical, "Seussical," by dining out at Midici Pizza at Hillsdale Mall. ***Please print out this page*** and show your server to earn 20% of your check for Abbott Drama. Midici requires a printed copy of this flyer to earn \$\$ back for Abbott.



FUNDRAISING

Never Tasted So Good

Fundraiser in support of:

Abbott Middle School Drama Boosters

Join us on **Wednesday, February 19, 2020**

(Opening until Closing)

Valid at the following location:

Midici

15 Hillsdale Shopping Center

San Mateo, Ca. 94403

Bring in this flyer, present it to your server and we'll donate 20% of your check to the organization listed above. Purchases include dine-in, takeout, catering and all beverages. 3rd party Delivery Services, like Door Dash, do not apply)

Joint PTA Parent Ed Event - Thursday, February 20

Abbott PTA is pleased to announce it has partnered with the other middle school PTAs in our district to bring you a free parent education evening. The topic is Positive Psychology and will be held at the Bayside Performing Arts Center on February 20 at 7pm. Attendance is free, but to help them plan please [reserve your spot online](#).

You're
invited

Parent Education Event
SMFC Middle School Parents / Guardians

Positive Psychology

Thursday – February 20, 2020

7 pm Bayside Performing Arts Center

2025 Kehoe Ave.

San Mateo, CA 94401



- Parents play a crucial role in raising a teen but often lack the tools and know-how to best support their child's growth. This Positive Psychology seminar taught by Village Coaches is designed to give parents **an overview of seminal research as well as best practices they can use at home to help their child thrive.**
- Admission is free, but registration using this [Eventbrite](https://www.eventbrite.com/e/positive-psychology-seminar-for-middle-school-parents-by-village-coaches-tickets-75230180495) link is requested: <https://www.eventbrite.com/e/positive-psychology-seminar-for-middle-school-parents-by-village-coaches-tickets-75230180495>
- Spanish translation will be available.

Proudly Sponsored by the middle school PTAs

FREE Heart Screening For Ages 12-25

Open to ALL ages 12-25, regardless of the school they attend

EVENT DATE AND TIME:

Sunday, February 23, 2020
9am – 3pm

EVENT LOCATION:

College of San Mateo
1700 W Hillsdale Blvd
San Mateo, CA 94402

Learn more & register: <https://viaheartproject.org/screenings/>



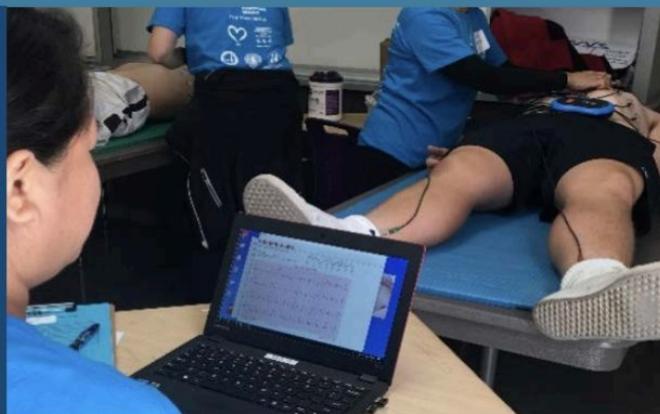
- Sudden Cardiac Arrest is the **LEADING CAUSE OF DEATH** on school campuses.
- SCA is the **#1 KILLER** of student athletes.
- **7,000 – 10,000 school-aged children die from SCA each year**, many without ever showing signs or symptoms.
- Heart Screenings are completely **painless and non-invasive**.
- Annual exams and PPE's **do not screen** for heart defects.

VIA HAS SCREENED 5,584 YOUNG HEARTS!

331 were found at-risk or needing follow-up

EACH VIA SCREENING CONSISTS OF THE FOLLOWING STATIONS:

- Registration
- Blood pressure
- Height/weight
- Health history review
- Hands only CPR and AED
- EKG
- Cardiology consultation
- Echocardiogram




VIA HEART PROJECT
1725 Clay Street | Suite 100 | San Francisco, CA 94109
Office: 800-284-0125 | Fax: 415-226-0675 | www.viaheartproject.org



LCAP Review - Wednesday, February 26 at the Abbott Library

Please join your school community and District leaders at our Local Control Accountability Plan (LCAP) Engagement Meeting to:

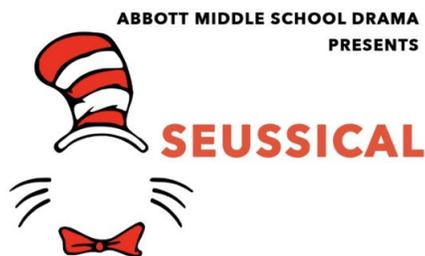
- REVIEW our district LCAP progress
- REFLECT on the ROOT causes of that progress
- RECOMMEND district IMPROVEMENT STRATEGIES

The Local Control Accountability Plan (LCAP) is an annual plan required by the State of California to detail local educational agencies' (LEAs) actions and expenditures to support socio-economically disadvantaged students, English Learners, and foster youth. It is aligned with the goals of the District's Strategic Plan.

All meetings are from 6:00–8:00 pm and translation services and child care will be available. Dates and locations are as follows:

- **February 26 - Abbott Middle School - 600 36th Avenue, San Mateo**
- March 3 - Bowditch Middle School - 1450 Tarpon Street, Foster City
- March 10 - North Central Community - College Park Elementary School - 715 Indian Ave, San Mateo;
This meeting will be conducted in Spanish with English translation.

Abbott Drama Seeking Sponsorships For Seussical!



Abbott Middle School Drama Boosters is once again counting on local businesses and community members to help children gain self-esteem and confidence through something as simple as bringing quality musical theater to our middle school.

Their previous shows, *Mulan* and *Into the Woods*, were a big success and helped increase the excitement and awareness of the arts in our school.

This year they will be performing *Seussical the Musical*, an imaginative musical that gives a modern twist on a few of Dr. Seuss's famed storybooks.

Plans are already underway to make this production even better than the last! Students are participating in workshops and rehearsals that will culminate in three performances on May 15th - 17th.

Their goal is to raise \$50,000 to help support the Director, Choreographer, Lighting & Design team, Costumer, Make-up/hair team, and Stage Manager so they can produce a quality performance deserving of our Abbott Middle School kids.

Please consider contributing to their success by becoming a sponsor at one of the many giving levels available. Learn more at <https://abbottdramabooster.com/seussical-sponsorships>. You can also buy a playbill ad -- which is not only good for businesses but great for family and friends to congratulate or highlight those they know in the play!

Office Depot/Office Max Give Back to Schools

Another way to earn money for Abbott! If you make qualifying school/office supply purchases at Office Depot or Office Max in-person or online, you can earn 5% of your qualifying purchase towards a merchandise credit for Abbott. Schools are credited 5% of the qualifying purchases every time schools, teachers, students, parents and school supporters give a school's Give Back to Schools program ID number (or select Abbott from a menu) when buying school and office supplies at Office Depot, OfficeMax or at officedepot.com. Schools that earn \$10 or more in credits will receive a merchandise certificate to use for free supplies.

For more information, click [here](#).



Abbott PTA: Become a Member Today!

We welcome all to our PTA meetings, but only members have the right to vote on matters. So please consider going "All in for Abbott" this year and joining our ranks. Sign up for PTA membership and to make a donation at our website abbottpta.org. **Upcoming PTA general meeting dates: Mar. 17, and May 19.**

Thank you to all families who have joined the Abbott PTA.

Why join the PTA?

- Be a part of a group of parents and teachers working together for common goal.
- Stay informed and learn how PTA dollars are spent.
- PTA Sponsors & Promotes: Sports, Technology, Music, Drama, and Art programs, and more!

Hillsdale PTSO - Call for volunteers.

Are you the parent of a Hillsdale high student, or future parent of one? The president of the PTSO (Parent Teacher Student Organization) has asked that we share some upcoming opportunities with them for the following school year.

Their executive board (2-year term) positions include: 2 Co-Presidents, 1 Co-Vice President, Secretary, Committee Chairs, 2 Co-Communications (Weekly Bulletin & Facebook Page), Career Day, Parent Education, Teacher Wish List, 8th Grade Events (Shadow Days & Parent Info Events), Membership, Freshmen Events (Maze Day Breakfast and Mix & Mingle), Sophomore Events (support variety of events), Junior Events (Junior Interviews), Senior Events (support variety of events), Multicultural Events, Outstanding Service Awards

Join a Committee! - Hospitality, Events, Helping Hands (Community in Need/Peace Pantry/After-School Program), Booster Club Liaisons, Outstanding Service Awards, Junior Awards & Senior Scholarships, Career Day, Junior Interviews, Shining Knight/Member-at-Large, Parent Education.

Parents may reach with any questions that they may have to hhsknightsptsopresident@gmail.com.

Parent Bulletin News

The parent bulletin will go out twice monthly (during the school year), and can be found on the School Loop site, along with other information. Please scroll to the right of the student grades section for school, PTA and other event happenings at Abbott. The parent bulletin can also be found on the PTA's website: www.abbottpta.org.

Questions? Contact Kristi Puls at president@abbottpta.org

Easy Ways to Support Abbott:

Amazon Smile



Falcon Gear

GET YOUR FALCONS GEAR

- OVER 650 PRODUCTS
- SIZES UP TO 6XL
- PICK YOUR SPORT OR ACTIVITY

Click here or go to <http://shrsi.com/15o0i> to purchase & Abbott receives a portion of the proceeds.
*Link must be used to purchase or Abbott will not receive funds.

The image shows three t-shirts: a white t-shirt with a green falcon logo and 'ABBOTT FALCONS' text, a black t-shirt with a green falcon logo and 'ABBOTT FALCONS' text, and a white t-shirt with 'ABBOTT FALCONS' text.

Abbott's Shutterfly Storefront

